




# Euphoria

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HAIR • MIND • BODY

AVEDA

# Welcome to Euphoria



*Our mission at Euphoria is to help you look and feel beautiful while providing choices that allow you to live a more natural and healthy lifestyle with respect for the environment.*

*At Euphoria, we strive to exceed our guests' expectations.*

## Custom Packages

### Escape

Choose an Elemental nature facial or Swedish massage, a Euphoric spa manicure and pedicure, and a shampoo & style. Includes a make-up finishing touch.

### Melt

Hot stone massage, Elemental nature facial, Euphoric spa manicure & pedicure, shampoo & style and make-up application. Includes lunch.

### Glow

For mothers-to-be. A maternity massage, a Euphoric spa manicure & pedicure and a shampoo & style.





# Hair Rituals

Euphoria offers three levels of hair stylists. Through the extensive training and depth of our staff, we can offer services to fit your individual needs and budget.

## Design

All of our stylists at Euphoria are professionals trained to listen to your needs and wishes and design the perfect shape for your hair texture, facial features and lifestyle. We start with a thorough consultation and a stress relieving scalp massage followed by a relaxing shampoo, then we shape and style your new, beautiful hair.

## Styling

For a special occasion or a break from your daily routine, let one of our trained specialists make your day. He/she will show you elegant creations or simple variations on your everyday look. All our style services include heat styling.

## Color

Our Aveda trained colorists work with you to create a customized color just right for you. From subtle highlights to a bold new look, and everything in between. Experience the difference of plant enriched professional hair color – maintain healthy shine and natural dimension – and get complete coverage with Aveda Hair Color.

*Cut or style not included in hair color pricing.*

## Treatment

### Botanical Scalp/Hair Conditioning Treatment

This treatment begins with a scalp massage, using essential oils. Next, your hair is nourished with a customized Damage Remedy Treatment.

*Includes blow dry*

### Dry /Damage Intensive Treatment

A luxurious treatment that penetrates dry, brittle hair with long lasting moisture.

### Hair Gloss Treatment

A clear or color enhanced treatment for color refreshing and maximum shine. It's like lip gloss for your hair!

## Texture

Imagine Volume and Curls, or Smooth and Silky. Let your hair be the hair you've always wanted – healthy, beautiful and manageable.

### Curls

Body and volume are back! Whether you're looking to give your hair a little lift or have a beautiful ready to wear style for everyday.

### Straighten

*Chi Ionic*- Thermal straightening system- Smooth out unruly hair texture or completely remove natural curl with our Japanese retexturizer.

### Relaxer

Smooth, shiny and healthy hair is easier to manage and style. Our Deep Brilliant relaxer has three strength options and includes a deep conditioning treatment to give you the hair you've always wanted and to maintain strength and shine.

# Skin Care

Our customized systems focus on age-prevention, balance and well-being to enhance your natural beauty and soothe your soul.

## Green Science Skin-Renewing Treatment

Aveda's signature 5 Phase Massage treatment. Combines powerful, high-tech plant technology with high-touch skin therapy to renew, repair and regenerate your skin. Clinically proven to lift and firm the skin, reduce fine lines and wrinkles, improve smoothness, tone and clarity, and reduce the appearance of age spots. Total rejuvenation.\*

## Perfecting Plant Peel

Our professional facial masque actively smoothes and retextures skin with the instant exfoliation and radiance benefits of a 30% glycolic peel without the associated redness and irritation. Warms skin, helping to open pores. For all skin types.

## Elemental Nature Facial

Restore balance to your skin with a customized, relaxing facial. Includes a thorough skin analysis, deep cleansing, detoxifying, refining, massage, a masque and hydration.

## Botanical Skin Resurfacing

Aveda's alternative to microdermabrasion. Combines the power of tourmaline with a hands-on approach for smoother skin texture, fewer fine lines and wrinkles, decreased pore size, and significantly more radiance – without the irritation and inflammation. \*

## Outer Peace Acne Facial

A multi-faceted approach to treating acne, focusing on exfoliation and redness reduction, without over drying or irritation. Improve the appearance of your skin now, as well as prevent future blemishes. \*

*\*For best results, we recommend a series of three.*

## Back Facial

A truly relaxing and invigorating experience. Focusing on deep cleansing, exfoliation and re-hydration of the back and shoulders. Feel confident exposing your smooth, clear skin on the beach or in that little backless number...

## Fassage

An entirely relaxing aromatherapy massage that releases tension and increases circulation in your face, neck, scalp and décolleté. Treatment includes a thorough cleansing followed by an energizing foot massage.

### *Add-On Treatments:*

#### Brightening Treatment

Even out skin tone & lighten sun and age spots. This treatment is the perfect start to the Brightening Essence home maintenance system.

#### Eye Zone Treatment

Focus on diminishing fine lines, puffiness and dark circles with a Firming Treatment containing anti-oxidants including Vitamins A, C and E.

# Massage

The perfect partnering of health and relaxation. Our certified massage therapists offer custom treatments to restore the body's key systems.

## **Chakra Balancing Massage** 50 minute

An innovative treatment featuring Aveda Chakra Balancing Blends. Includes a deep tissue massage on the back and spinal muscles, a chakra reflexology massage for the feet and energywork for the chakras.

## **Swedish Massage** 50 or 80 minute

Relax and revive your sense of well-being. Perfect for your first massage or for a relaxing anytime retreat from daily life.

## **Deep Tissue Massage** 50 minute

An intensive, invigorating treatment focusing on the deep layer of tissue and muscle. It assists in the elimination of toxins. Recommended for highly active or stressed individuals.

## **Hot Stone Therapy** 50 minute

A luxurious experience that combines heat from warm, smooth basalt stones and therapeutic massage techniques designed to release muscle tension and revive the spirit.

## **Maternity Massage** 50 minute

Comforting and beneficial for mother and baby. This relaxing and therapeutic massage is the perfect gift for a mom to be.

## **Reflexology Massage** 40 minute

Designed to balance the body by releasing pressure points in the hands and feet. Includes a warm foot bath.

## **Neck & Back Massage** 30 minute

Our neck and back area is the most common area for tension and stress. This focused treatment is designed for specific results in the most tense area of the body.

## **Chair Massage** 15 minute

Quick and relaxing. A perfect break any day!

*Although a single massage will be enjoyable, the effects of massage are cumulative and a course of massage treatments will be much more beneficial.*

# Body Treatments

Unite an inner sense of well-being with an outer treatment to revitalize your skin. Our use of pure Aveda products will have your entire body feeling soothed and nurtured. An experience to leave you feeling brand new.

## **Caribbean Ritual**

This unique treatment uses the healing ingredients of the Caribbean to help create inner calm to the body and soothe the mind. The treatment begins with an exfoliation, followed by the application of smoothing seaweed masque, a comforting body wrap and scalp massage. Finishing with a Caribbean Therapy massage.

## **Rosemary Awakening**

Renew body and mind with this stimulating and cooling dry body wrap. The treatment begins with an exfoliation and a moisturizing massage with Aveda rosemary body lotion. After the body is wrapped, the essences of rosemary and peppermint will awaken your senses while a scalp and foot massage balance the whole body. Great for when you feel tired, heavy or sluggish.

## **Salt Glow**

Total body exfoliation is the focus of this energizing treatment. Using Aveda Aqua Therapy sea salts combined with essential oils, the body is lightly scrubbed to remove dead skin cells and increase circulation.

## **Body Polish & Bronzer**

After exfoliating the body with Aveda's Aqua Therapy sea salts, Body Polish or Caribbean Exfoliation Body Scrub; Aveda's Sun Source, a moisturizing self tanning cream, is applied to create an even, healthy-looking tan. This includes product to take home.



# Euphoria Men

Men, like never before, are placing greater importance on the way they look. Men are focused on their appearance in the interest of staying competitive at work and confident in their overall appearance. At Euphoria, we are more focused than ever on being the salon destination for superior services and products for men.

## Hair Services

Your business and social life demands style and class. In order to be the best, you need to look your best. Look and feel younger with a softening of that salt and pepper or live on the wild side with a textured cut that brings you back – but lives in the here and now. Our stylists take the time to customize the newest trends and tailor the classics to give you what it takes to stay on top.

## Spa

### Men's Manicure

Basic grooming of the hands and nails, to give you a clean and professional edge.

### Men's Pedicure

Let us take the time to get your feet in shape for your next vacation or just summer ready! Well-groomed feet not only look better but feel better – for you and your other half!

## Men's Basic Maintenance

A facial treatment designed to meet the specific needs of a man's skin. Including: congestion, flaking, and irritation from shaving. This relaxing facial is an easy transition to skin care for men.

## Back Facial

A truly relaxing and invigorating experience. Focusing on deep cleansing, exfoliation and re-hydration of the back and shoulders. Feel confident exposing your smooth, clear skin.

## Men's Spa Package

### Chill

A Swedish massage, a back facial or maintenance facial, spa manicure and a haircut.

Many of our Spa services are also available for our male clientele, including our massage and waxing services. For more information see the spa sections of our service menu.

# Nail Rituals

## Hands

### Euphoric Spa Manicure

Rejuvenate tired stressed hands with a relaxing spa manicure. Treatment includes an exfoliating sugar-cane scrub to soften and brighten the skin. The nails are shaped, buffed and followed by a soothing massage of the arms and hands, then wrapped in warm aromatic towels for added moisture. Beautify your nails by a polish of your choice. A spa experience that will bring your mind and hands into balance.

### Polish Change

*French available for an additional charge*

## Feet

### Euphoric Spa Pedicure

Indulge yourself with our exceptional, customized-to-suit-the-season pedicures. This luxurious foot treatment will tantalize, rejuvenate and soothe sore legs and feet. Treatment begins by soaking feet in a self-heated footbath, followed by a deep cleansing scrub. Once cleansed and scrubbed, your legs and feet will be wrapped in stimulating, aromatic steamed towels that will awaken your senses. Next a deep, relaxing massage is complemented by a full grooming of toes, cuticles and callused skin. To complete this euphoric experience, choose from a variety of polishes to dazzle your toenails.

### Polish Change

*French available for an additional charge*



# Make-Up

**Application** – A special day, a special night, a chance to look your best.

**Wedding Application** – Application designed with your style in mind and made to keep you looking beautiful all day.

**Make-up Lesson** – Learn to choose, apply, shape and contour face color for a look that highlights and enhances your natural beauty.

## Lashes

**Temporary Lashes** – Take your look to the next level. Perfect for a special event or when you want to add a touch of glamour.

\*May be applied with or without a make-up application.

## Tinting

Eyelash and Eyebrow tinting available.

# Hair Removal

Let our skilled technicians enhance your brows or remove excess facial and body hair. Infused with skin calming essential oils, Aveda professional plant wax effectively removes hair and helps calm your skin. For a list of waxing services see enclosed price list.

## For your comfort

Please disclose any medical conditions and/or prescription medications you may be taking as there may be contra-indications to some services. So you may fully enjoy your spa experience and as a courtesy to other guests, please turn off your cell phone when you arrive for your appointment.

We are sorry we can not be responsible for the loss or damage to your personal belongings. Please leave your valuables at home.

Our facility is completely smoke - free.

Changing robes and slippers are provided for your comfort. In keeping with our commitment to cleanliness, we sterilize and sanitize all garments and equipment for services and treatment. Please deposit your garments in the hamper at the conclusion of your visit. When coloring, wear appropriate clothing. (Smocks are available)

## Scheduled services

Arriving on time for your appointment is greatly appreciated to ensure other guests are not inconvenienced and that you may receive your full service. Please arrive 10 minutes prior to your appointment and begin your relaxation.

We suggest you pre-book your next service appointment to ensure we can accommodate your schedule for future appointments.

Guests may be asked for a credit card guarantee when booking appointments for the salon and/or spa.

## Age requirements

The spa facility is reserved for adults. To maintain our relaxing and peaceful environment children under the age of 18 will not be allowed in the spa unless they are receiving services. Children under the age of 18 must have a parent/adult guardian accompany them and/or sign a waiver for spa services.

## Cancellation policy

Should you need to cancel for any reason, we request a minimum of 24-hour notice for any single service.

A 48-hour notice is required for any multiple services. Special requirements may apply for group bookings.

A 50% cancellation charge will be charged for any late cancellations and a 100% cancellation charge may be charged for no-show appointments.

## Gratuities

Gratuities are always left to the discretion of our guests. Gift certificates for spa packages and/or salon services do not include gratuities.

For your convenience we accept Cash, Visa, Mastercard, Discover, American Express, Aveda gift cards and Spa Finder / Spa Wish gift cards.

# Euphoria Locations

## Buffalo

1 Walden Galleria Drive  
Cheektowaga, NY 14225  
716-685-8700

## Rochester

337 Eastview Mall  
Victor, NY 14564  
585-223-0900

Purchase gift cards, book  
your appointment, or shop for  
your favorite Aveda products  
online at:

[euphoriasalonspa.com](http://euphoriasalonspa.com)

